

Dear Bedford Cross Country Parents:

August 15, 2020

We have been notified that one of our student athletes participating in Cross Country workouts has been diagnosed with the novel coronavirus, also known as COVID-19. As such, students who were present at Cross Country workouts on Thursday, August 6, 2020 may have been exposed to this virus. According to the Centers for Disease Control and Prevention (CDC), the virus is thought to spread mainly between people who are in close contact with one another (within about 6 feet) through respiratory droplets produced when an infected person coughs or sneezes. If your student experiences symptoms of respiratory illness (fever, coughing or shortness of breath), please contact your healthcare provider.

We are working closely with the Monroe County Health Department (MCHD) and we will continue to follow all applicable guidelines. Bedford Public Schools is required to keep all medical information confidential. The MCHD is the lead agency in these matters and will only disclose information on a need to know basis. In consulting with the MCHD, the Bedford Girls Cross Country Team will cease all team activities through Tuesday, August 18, 2020. Regularly scheduled team activities can resume on Friday, August 21, 2020. This measure is in-line with all current BPS, MCHD, and CDC guidelines. There is currently no reason to believe that additional students or team staff are at-risk and this decision is based solely on the continued practice of safe mitigation strategies.

Bedford Public Schools is taking measures to ensure the safety of our students and employees during this coronavirus outbreak. The coaches have been following all recommended COVID – 19 distancing measures during all conditioning opportunities. Due to these steps, we are confident that our staff have done everything possible to limit the possible spread from any potential exposure.

For more information on COVID-19, including symptoms and treatment, visit the CDC website at www.cdc.gov. For more information, please contact me at mark.german@mybedford.us.

Respectfully,

**Mark German
Bedford Athletic Director**